

# Food Relief Resources - Concord & Carlisle

## July 2020

### Where can I get food assistance today?

	Mon	Tues	Wed	Thurs	Fri	Sat
For all individuals and families	<a href="#">Salvation Army</a> 9-11am  <a href="#">AB High School</a> 11:30am-1pm	<a href="#">Open Table</a> 1:00-6:30pm  <a href="#">Sudbury Food Pantry</a> 12:00-2:15pm  <a href="#">CCHS Pantry</a> 9:00-11:00am	<a href="#">Acton Food Pantry</a> 10am-7pm  <a href="#">Mount Calvary Supper</a> 5-6pm  <a href="#">Salvation Army</a> 9-11am  <a href="#">AB High School</a> 11:30am-1pm	<a href="#">Open Table</a> 1:00-4:30pm  <a href="#">Acton Food Pantry</a> 9:30-11:30am  <a href="#">Sudbury Food Pantry</a> 12:00-2:15pm  <a href="#">CCHS Pantry</a> 9:00-11:00am	<a href="#">Salvation Army</a> 9-11am  <a href="#">AB High School</a> 11:30am-1pm	<a href="#">Gaining Ground</a> 11:00-11:30am
For seniors (through Minuteman Services)	<a href="#">Meals on Wheels</a> 11am-1pm	<a href="#">Meals on Wheels</a> 11am-1pm	<a href="#">Meals on Wheels</a> 11am-1pm	<a href="#">Meals on Wheels</a> 11am-1pm	<a href="#">Meals on Wheels</a> 11am-1pm	

\*Please check food pantry websites for most current times and services

### Food Pantries and Services

**Acton-Boxborough High School:** Offering bagged breakfasts and lunches to anyone in need under the age of 21.

- When: 11:30am-1:00pm Mondays, Wednesdays, and Fridays
- Where: 15 Charter Road, Acton
- Website: [https://www.abschools.org/district/food\\_services](https://www.abschools.org/district/food_services)

**The Acton Food Pantry:** Food provided to anyone in need. Drive-thru pantry for clients in cars and on foot.

- When: Wednesdays 10:00am-7:00pm, Thursdays 9:30-11:30am. Closed the 4th Wednesday of each month (will be closed July 22nd and 23rd).
- Where: 235 Summer Rd # 205, Boxborough
- Website: <https://www.actonfoodpantry.org>

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**CCHS Drive-Thru Food Pantry:** Drive-thru pantry offering groceries to Concord and Carlisle residents.

- When: Tuesdays and Thursdays 9:00-11:00am
- Where: 500 Walden Street, Concord
- Website: <https://www.concordps.org/food-and-nutrition-services/>

**Central Food Ministry:** Food relief by appointment for a 5-day supply of food once a month. Each household member must provide a Social Security card and family members 18 years or older must provide photo ID and proof of residence.

- When: By appointment once a month
- Where: 370 West Sixth Street, Lowell
- Website: <http://cfministry.org/need-food>

**Gaining Ground Food for Families Program:** Families who demonstrate need can pick up two bags of fresh produce weekly. Call 978-610-6086 for more information.

- When: Saturdays 11:00-11:30am
- Where: Everett Gardens, Concord
- Website: <https://gainingground.org/>

**Mount Calvary Supper:** Drive-thru meal pick-up. Upcoming meals this month include meatball subs, BBQ pork sandwiches, hot dogs and hamburgers, and eggs and sausage.

- When: Wednesdays 5:00-6:00pm
- Where: 472 Massachusetts Avenue, Acton (back driveway of Mt. Calvary Lutheran Church)
- Website: <https://www.mtcalvaryacton.org/community-supper>

**Open Table:** Food pantry and prepared meals (distributed in grocery bags). Choice of protein and other weekly offerings. SNAP sign-up support upon request. Food delivery available to Concord and Carlisle residents lacking mobility with referral from Concord Council on Aging or Social Services.

- When: Tuesdays 1:00-6:30pm, Thursdays 1:00-4:30pm
- Where: Drive-thru Pantry at Maynard municipal parking lot behind 33 Main Street (enter from Summer Street)
- Website: <https://www.opentable.org>

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**Salvation Army:** Choice food pantry for families in need. Must bring Photo ID, rent or mortgage receipt or statement, proof of income and utility bill for everyone in your home.

- When: Mondays, Wednesdays, and Fridays 9:00-11:00am
- Where: 150 Appleton Street, Lowell
- Website: <https://massachusetts.salvationarmy.org/MA/LOWNeedHelp>

**The Sudbury Food Pantry:** Limited to once a month for non-Sudbury residents.

Guests choose pantry items; personal care products offered as well.

- When: Currently Tuesdays and Thursdays 12:00-2:15pm. Starting August 1st, Tuesdays and Thursdays 11:00am-1:15pm.
- Where: Our Lady of Fatima Church, 160 Concord Road, Sudbury
- Website: <http://sudburyfoodpantry.org>

### **Meal Services for Seniors:**

**Minuteman Senior Services:** Meals on Wheels delivers lunch to homebound seniors who meet certain guidelines. Call 781-221-7177 for information and referrals.

- When: Deliveries made 11:00am-1:00pm Monday through Friday.
- Where: Delivery provided
- Website: <https://www.minutemansenior.org>