

Food Relief Resources - Concord & Carlisle

October 2020

Where can I get food assistance today?

	Mon	Tues	Wed	Thurs	Fri
For all individuals and families	Salvation Army 9:00-11am	Sudbury Food Pantry 12:00-2:15pm Open Table. 3:00-6:30pm (non-senior hours)	Salvation Army 9-11am Acton Food Pantry 10am-7pm Pantry at CCHS 1:00-2:00pm AB High School 3:30-5:00pm Mount Calvary Supper 5-6pm	Open Table 1:00-4:30pm Acton Food Pantry 9:30-11:30am Sudbury Food Pantry 12:00-2:15pm	Salvation Army 9-11am
For seniors (through Minuteman Services)	Meals on Wheels 11am-1pm	Meals on Wheels 11am-1pm Open Table: 1:00-3:00pm (seniors only)	Meals on Wheels 11am-1pm	Meals on Wheels 11am-1pm	Meals on Wheels 11am-1pm

*Please check food pantry websites for most current times and services

Food Pantries and Services

Acton-Boxborough High School: In conjunction with the Acton Neighbor Brigade, Acton-Boxborough High School is offering a week's worth of bagged meals for pick-up every Wednesday. Pick-up is at the back of the school using the Hayward Road entrance.

- When: Wednesdays 3:30-5:00pm
- Where: 36 Charter Road, Acton
- Website: https://www.abschools.org/district/food_services

The Acton Food Pantry: Food provided to anyone in need. Drive-thru pantry for clients in cars and on foot.

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- When: Wednesdays 10:00am-7:00pm, Thursdays 9:30-11:30am. Closed the 4th Wednesday of each month.
- Where: 235 Summer Rd Building 1, Boxborough
- Website: <https://www.actonfoodpantry.org>

Central Food Ministry: Food relief by appointment for a 5-day supply of food once a month. Each household member must provide a Social Security card and family members 18 years or older must provide photo ID and proof of residence.

- When: By appointment once a month
- Where: 370 West Sixth Street, Lowell
- Website: <http://cfministry.org/need-food>

Drive-Thru Food Pantry at CCHS: Drive-thru pantry offering fresh produce, shelf-stable items, frozen protein, and ready-to-reheat prepared meals to all Concord and Carlisle residents. First-time users are welcome and no proof of need is required.

- When: 2nd and 4th Wednesday of the month, 1:00-2:00pm. Upcoming pantry dates: 10/14, 10/28, and 11/11.
- Where: 500 Walden Street, Concord (in front of cafeteria entrance)
- For questions, contact info@opentable.org or (978) 369-2275.

Gaining Ground Food for Families Program: The last two distribution days for this program will be October 3rd and November 21st. Families who demonstrate need can pick up two bags of fresh produce. Call 978-610-6086 for more information.

- When: Saturday Oct. 3rd and November 21st, 11:00-11:30am
- Where: Everett Gardens, Concord
- Website: <https://gainingground.org/>

Mount Calvary Supper: Drive-thru meal pick-up. Recent meal offerings include ravioli, cheeseburgers and hot dogs, baked ham, and Mediterranean chicken.

- When: Wednesdays 5:00-6:00pm. Starting October 21st, hours will change to Wednesdays 4:00-5:00pm.
- Where: 472 Massachusetts Avenue, Acton (back driveway of Mt. Calvary Lutheran Church)
- Website: <https://www.mtcalvaryacton.org/community-supper>

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Open Table: Food pantry and prepared meals (distributed in grocery bags). Choice of protein and other weekly offerings. SNAP sign-up support upon request. Food delivery available to Concord and Carlisle residents lacking mobility with referral from Concord and Carlisle Councils on Aging, Concord Housing Authority, or the Concord-Carlisle Community Services Coordinator (978-318-3034).

- When: Tuesdays 1:00-6:30pm (1-3pm seniors only), Thursdays 1:00-4:30pm
- Where: Drive-thru Pantry at Maynard municipal parking lot behind 33 Main Street (enter from Summer Street)
- Website: <https://www.opentable.org>

Salvation Army: Choice food pantry for families in need. Must bring Photo ID, rent or mortgage receipt or statement, proof of income and utility bill for everyone in your home. Will be closed in November and December.

- When: Mondays, Wednesdays, and Fridays 9:00-11:00am
- Where: 150 Appleton Street, Lowell
- Website: <https://massachusetts.salvationarmy.org/MA/LOWNeedHelp>

The Sudbury Food Pantry: Limited to once a month for non-Sudbury residents. Guests choose pantry items; personal care products offered as well.

- When: Currently Tuesdays and Thursdays 12:00-2:15pm.
- Where: Our Lady of Fatima Church, 160 Concord Road, Sudbury
- Website: <http://sudburyfoodpantry.org>

Meal Services for Seniors:

Carlisle Council on Aging: The Carlisle COA delivers Meals on Wheels to homebound seniors on Tuesdays and Thursdays. Extra frozen meals can be requested through Minuteman Senior Services.

- When: Tuesdays and Thursdays 11:00am-1:00pm
- Where: Delivery provided
- Website: <https://www.carlislema.gov/173/SeniorsCouncil-on-Aging>

Minuteman Senior Services: Meals on Wheels delivers lunch to homebound seniors who meet certain guidelines. Call 781-221-7177 for information and referrals.

- When: Deliveries made 11:00am-1:00pm Monday through Friday.
- Where: Delivery provided
- Website: <https://www.minutemansenior.org>